



MRAssociates
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What is Supported Exempt Accommodation?

Basic Info

“Supported exempt accommodation” (often abbreviated to SEA) is an unofficial term sometimes used in connection with Housing Benefit and Universal Credit to mean either of the following:

- Specified accommodation, or
- Exempt accommodation

Because SEA is not a legally defined expression, and because different people use it to mean different things, the more precise terms “specified accommodation” and “exempt accommodation” are preferable.